



**Impact Evaluation of the Peace Education Program
on the Students of the Unihorizonte University Foundation of Bogotá, Colombia**

Summary

[Read the full study here](#)

Overall Results

The impact evaluation of the Peace Education Program found that practically all participants affirmed that the program helped them to recognize and be more aware of their internal resources as valuable tools for their lives. It found very significant improvements in the understanding of the different program topics, including peace, appreciation, choice, and hope.

Qualitative Results

The main findings and changes that emerged in the program participants were:

Attitudinal changes included enhanced appreciation for life; understanding the possibility and importance of feeling peace; understanding that peace is the responsibility of each one, regardless of what happens outside; recognizing internal resources and strength.

Behavioral changes included facing problems in a different way, empowerment to make changes in one's own life, and in relating to others.

Background

From August through October 2020, one group of 96 and another of 80 people from the Unihorizonte University Foundation of Bogotá, Colombia, participated in the 10 workshops that make up the Peace Education Program. The program was included as part of their school training; therefore, the participants received valid credits, corresponding to the social hours as a requirement that each of them must meet.

When the first group of 96 people completed the program, they were sent a form to rate how much their perception and awareness had changed about each of the topics addressed by the Peace Education Program.

1. Sample size and reliability

This report includes the responses of 96 students who represent 100% of the first group of participants who completed the Peace Education Program; therefore, the results are robust, reliable and safe with a maximum margin of error of $\pm 2.0\%$ at a confidence level of 99%.

2. Demographic profile

The answers to the survey were given by students from the Basic, Administrative and Human Sciences programs plus some people from the administrative staff of the University Foundation. By age range, the participants are distributed as follows: 44.2% of those surveyed were

between 26 and 35 years old, 40% were between 19 and 25 years old, and 15.8% were between 45 and 64 years old.

3. Rating scale

For the qualification of the program, a scale of 1 to 5 was established, as follows: 1. Strongly disagree 2. Disagree 3. I don't know answer 4. Agree 5. Totally agree.

The scale was applied before and after participating in the workshops, seeking to establish how each participant's perspectives and understandings changed.

5.1 Data

5.2 The following table shows how awareness of internal resources increased significantly after the workshops

I AM AWARE THAT INSIDE ME THERE IS	BEFORE	AFTER
	AGREED AND TOTALLY AGREED	AGREED AND TOTALLY AGREED
PEACE	45.8	98
APPRECIATION	55.2	98
INNER FORCE	53.1	96.9
KNOWING OF MYSELF	56.3	97.9
CLARITY	45.8	96.9
UNDERSTANDING	48	96.9
DIGNITY	69.8	98.9
CHOICE	66.7	96.9
HOPE	67.7	96.9
FULLNESS	50	98
AVERAGE PERCENTAGE	55.84	97.53