The Prem Rawat Foundation
PEACE EDUCATION PROGRAM

PEP in the Community

The Peace Education Program is now being held in many types of community organizations in North America and around the world: from art and cultural centers to rehabilitation centers and halfway homes, international women's groups and community centers to shared workspaces, to hospitals and mental health facilities, to retirement centers and veterans organizations.

Special Reports

PEP at Encina Royale Goleta CA

Allen Feld is presenting PEP at Encina Royale, the retirement community where he lives in Goleta, CA, that consists of 330 condos. At the first week's presentation, one gentleman arrived early and halfway through yelled out, "Fantastic! Just fantastic!" That outburst brought applause from the group.

Now in its 16th week (repeated by popular demand by several people who started the initial classes late), Allen has been impressed by the attentiveness and enthusiasm of the participants. Watching people absorb and enjoy the message has inspired him to explore other PEP opportunities in senior communities in the Goleta/Santa Barbara area. "I know there's a hunger for this message of inner peace that we all need," says Allen. "It's never too late to discover that possibility."

PEP at Evergreen Hospital Medical Center Kirkland WA

Hospice staff and volunteers are a special breed of healthcare providers, who offer not only skilled care and practical advice, but also provide emotional support to the patients and their loved ones. Understanding the challenges people face emotionally at this stage of life, Becky Resnick, social worker at the Evergreen Hospice near Seattle, offered PEP to a mix of staff and volunteers.

After the PEP concluded, two participants, Sheri and Criss, Hospice Volunteer Coordinators, requested to facilitate the next PEP with Becky. So then it was offered to all staff and volunteers throughout the entire hospital system, not just the hospice staff. The announcement about the class went out in an email and hospital newsletter sent out to 799 hospital volunteers, and the new PEP began in September 2013. Becky comments, "The PEP program is the most incredible thing I have ever been a part of, and I am so grateful to know Prem Rawat!"

Evergreen Hospice Staff – Kirkland, WA

"This is a wonderful class and tool—the more you focus on peace, the more it expands."

"This has helped me feel more focus on being present and in the moment for my work with the Evergreen hospice."

"A wonderful reminder for a hospice worker that it is all about the process—between the bookends of life and death."

North York Senior Center – Toronto, Canada

"I feel that Prem is reminding us to focus, that is to focus on what is really important, focus on what is inside of us."

"I was stuck on the subway for an hour today. I decided to just go inside myself to feel peace and appreciation. It was more fun than feeling stressed, and very helpful."

"What he is talking about is everything from birth to death. It is all about what happens in between your first breath to the last breath."

The Centre (survivors of trauma) – Toronto, Canada

"These talks are something you could listen to every day and never tire of."

"It is so refreshing to come to something like this and not be given a sales pitch or have to buy anything because, as he says, we already have it."

"His words are so simple but what he says hits me in a place that I recognize as truth."

Lifeprint Community Center for Retirees – Phoenix, AZ

"I've been feeling low lately, and it has been hard getting out of bed in the morning. That has completely changed this past week since viewing the first PEP videos. I am looking forward to next week's presentation on Inner Strength!"

"I always saw myself as a victim, but this video showed me that I am in charge of my life."

"He is saying things that I always knew but didn't know that it was okay to feel that way."

Sun City Retirement Center – Sun City, AZ

"I enjoyed the videos. I was amazed at the clarity. Thank you for changing my life and making it easier to deal with my problems. I hope that more people will be exposed to Mr. Rawat's thoughts and program."